



**Saturday, June 2nd
Downtown Manheim**

The Manheim Chamber of Commerce is gearing up for the 6th annual Rock-N-Glow 5K race and pre-race party to be held on our Historic Market Square in downtown Manheim on Saturday, June 2nd. The event will begin at 6 pm with music provided by a live DJ, fun activities for the kids including a bounce house, local vendors, and delicious food served by local restaurants. The 5K race will begin promptly at 9 pm.

Along the race route will be music, light shows, and spectators cheering runners on. Top finishes will receive a Stiegel Glassworks 1976 hand blown glass award.

“We are thrilled to roll in the sixth year of this family-fun event,” said Kelly Lauver, director of the Manheim Chamber of Commerce. “We encourage everyone young and old, runner or non-runner, to come to the square in support of our wonderful community.”

Last year the over 1,300 runners took to the streets of Manheim decked out in glow gear. Preregistration is open

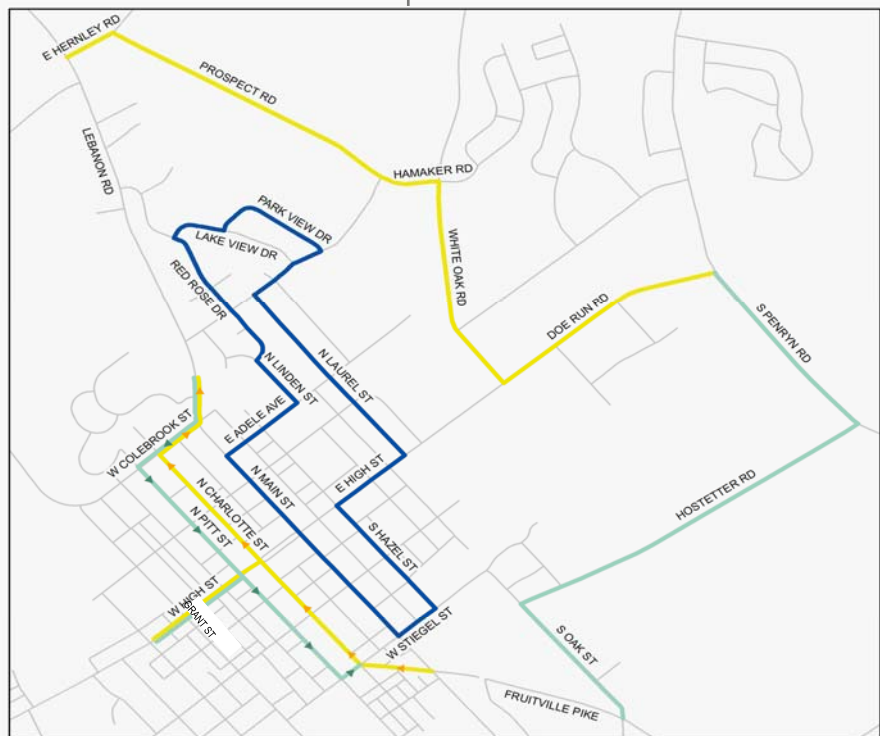
now at racesignup.com. Same-day registration will also be available. Participants who register will receive a free GLOW-in-the-dark race t-shirt, while supplies last. Registration is \$24.99 per Adult 15 and older, \$19.99 per Youth 14 and Younger, and Groups of 4 \$19.99 per runner. The first

200 Racers under 12 will receive a finishers’ medal, while supplies last.

Racers and spectators are encouraged to come dressed head-to-toe and GLOW!

For more information, or to volunteer for the event, please visit our website at

<https://manheimchamber.com/rocknglow/> or call 717-665-6330.



Legend
 — Detour - Southbound
 — Detour - Northbound
 — Race Route



Market Square will close at 3:00pm and reopen at Midnight
 Roads will close at 8:00pm and reopen at approximately 10:30pm

